

Today's air quality forecast is


ORANGE

Although the general public is not likely to be affected at this AQI range, people with lung disease, older adults and children are at a greater risk from exposure to ozone, whereas persons with heart and lung disease, older adults and children are at greater risk from the presence of particles in the air. Everyone can take action to reduce transportation-related emissions.

- Carpool, vanpool or use transit for the work commute.
- Avoid vehicle idling.
- Reduce your driving by postponing or combining trips.
- Visit MoDOT's Gateway Guide website at www.gatewayguide.com for real-time traffic information to plan your route to avoid traffic tie-ups and construction zones.
- Refrain from fueling your car in the heat of the day.
- Take advantage of flex-time and telecommuting options at your office.
- Brown bag lunch rather than driving to a local restaurant. Short car trips release more pollution into our air.

For more tips and
air quality information, visit:
www.cleanair-stlouis.com

This message is brought to you by the Clean Air Partnership, an initiative of the American Lung Association of the Upper Midwest.

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