

Today's air quality forecast is

YELLOW

Sensitive individuals should consider reducing prolonged or heavy outdoor exertion. Do your part to reduce transportation-related emissions by taking the following steps:

- Carpool or vanpool for the work commute.
- Use the bus or MetroLink whenever possible.
- Avoid vehicle idling.
- Walk or bike for short trips.
- Visit MoDOT's Gateway Guide website at www.gatewayguide.com for real-time traffic information to plan your route to avoid traffic tie-ups and construction zones.
- Combine errands into a single trip, rather than making multiple short trips that release more pollution into the air.
- Brown bag lunch rather than driving to a local restaurant. Short car trips release more pollution into our air.

**For more tips and air quality information, visit:
www.cleanair-stlouis.com**

This message is brought to you by the Clean Air Partnership, an initiative of the American Lung Association of the Upper Midwest.

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